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October 2011

Monday	Tuesday	Wednesday	Thursday	Friday
26 Chicken quesadillas French fries Sour cream Steam broccoli Fruit Juice 	27 Macaroni and Cheese Tuna salad Whole wheat Crackers Grapes Juice Ice cold milk 	28 Hard shell taco Ground beef Fresh lettuce Cheese Spanish rice fruit 	29 BBQ CHICKEN Rice with vegetables fresh fruit Water 	30 Chicken tender Potatoes salad Green beans Fruit Juice 
3 Chicken quesadillas French fries Sour cream Steam broccoli Fruit Juice 	4 Macaroni and Cheese Tuna salad Whole wheat Crackers Grapes Juice Ice cold milk 	5 Hard shell taco Ground beef Fresh lettuce Cheese Spanish rice fruit 	6 FRIED CHICKEN French Fries fresh fruit Orange Juice water 	7 Dismissal at 12:30 pm
10 Columbus Day NO SCHOOL	11 Macaroni and Cheese Tuna salad Whole wheat Crackers Grapes Juice Ice cold milk 	12 Hard shell taco Ground beef Fresh lettuce Cheese Spanish rice fruit 	13 BBQ CHICKEN Rice with vegetables fresh fruit Water 	14 Chicken tender Potatoes salad Green beans Fruit Juice 
17 Chicken quesadillas French fries Sour cream Steam broccoli Fruit Juice 	18 Macaroni and Cheese Tuna salad Whole wheat Crackers Grapes Juice Ice cold milk 	19 Hard shell taco Ground beef Fresh lettuce Cheese Spanish rice fruit 	20 FRIED CHICKEN potatoes salad fresh fruit Orange Juice water 	21 Chicken tender Potatoes salad Green beans Fruit Juice 